PushPush and Push-1 are NP-hard in 2D

Erik D. Demaine Martin L. Demaine* Joseph O'Rourke†

Abstract

We prove that two pushing-blocks puzzles are intractable in 2D. One of our constructions improves an earlier result that established intractability in 3D [OS99] for a puzzle inspired by the game *PushPush*. The second construction answers a question we raised in [DDO00] for a variant we call *Push-1*. Both puzzles consist of unit square blocks on an integer lattice; all blocks are movable. An agent may push blocks (but never pull them) in attempting to move between given start and goal positions. In the PushPush version, the agent can only push one block at a time, and moreover when a block is pushed it slides the maximal extent of its free range. In the Push-1 version, the agent can only push one block one square at a time, the minimal extent—one square. Both NP-hardness proofs are by reduction from SAT, and rely on a common construction.

1 Introduction

There are a variety of "sliding blocks" puzzles whose time complexity has been analyzed. One class, typified by the 15-puzzle so heavily studied in AI, permits an outside agent to move the blocks. Another class falls more under the guise of motion planning. Here a robot or internal agent plans a path in the presence of movable obstacles. This line was initiated by a paper of Wilfong [Wil91], who proved NP-hardness of a particular version in which the robot could pull as well as push the obstacles, which were not restricted to be squares. Subsequent work sharpened the class of problems by weakening the robot to only push obstacles, and by restricting all obstacles to be unit squares. Even this version is NP-hard when some blocks may be fixed to the board (made unpushable) [DO92].

One theme in this research has been to establish stronger degrees of intractability, in particular, to distinguish between NP-hardness and PSPACE-completeness, the latter being the stronger claim. The NP-hardness proved in [DO92] was strengthened to PSPACE-completeness in an unfinished manuscript [BOS94]. More firm are the results on Sokoban, a computer game that restricts the pushing robot to only push one block at a time, and requires the storing of (some or all) blocks into designated "storage locations." This game was proved NP-hard in [DZ95], and PSPACE-complete by Culberson [Cul98].

Here we emphasize another theme: finding a nontrivial version of the game that is *not* intractable. To date only the most uninteresting versions are known to be solvable in polynomial time, for example, where the robot's path must be monotonic [DO92]. To explore the variety of pushing-block puzzles it is useful classify them according to these characteristics:

1. Can the robot pull as well as push?
2. Are all blocks unit squares, or may they have different shapes?
3. Are all blocks movable, or are some fixed to the board?
4. Can the robot push more than one block at a time?
5. Is the goal for the robot to move from s to t, or is the goal for the robot to push blocks into storage locations?
6. The dimension of the puzzle: 2D or 3D?
7. Do blocks move the minimal amount, exactly how far they are pushed, or do they slide the maximal amount of their free range?

If our goal is to find the weakest robot and most unconstrained puzzle conditions that still lead to intractability, it is reasonable to consider robots who can only push (1), and to restrict all blocks to be unit squares (2), as in [DO92, DZ95, Cul98], for permitting robots to pull, and permitting blocks of other shapes, makes it relatively easy to construct intractable puzzles. It also makes sense to explore the goal of simply finding a path (5) as in [Wil91, DO92], rather than the more challenging task of storing the blocks as in Sokoban [DZ95, Cul98]. Allowing the robot to move in 3D [OS99] gives it more "power" than it has in 2D [DDO00] (6), so we focus on 2D.

The versions explored in this paper superficially seem that they might lend themselves to polynomial-time algorithms: in both, the robot can only push one block (4), and all blocks are pushable (3). We explore two different versions, the first again inspired by a

*Dept. Comput Sci., Univ. Waterloo, Waterloo, Ontario N2L 3G1, Canada. {eddemaine, mldemaine}@uwaterloo.ca.

†Dept. Comput. Sci., Smith College, Northampton, MA 01063, USA. orourke@cs.smith.edu. Supported by NSF grant CCR-9731804.

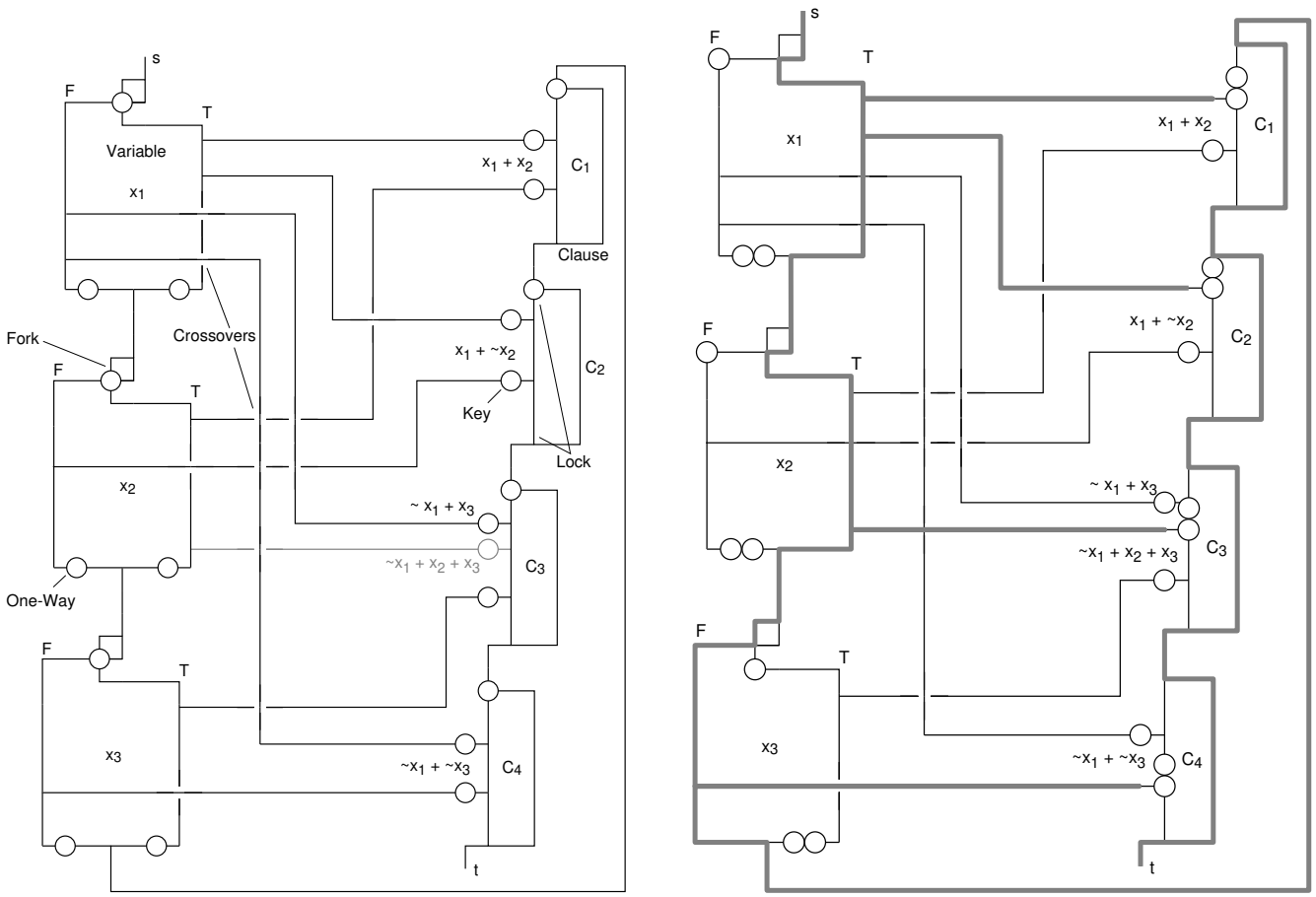

Figure 1: Left: Complete construction of the NP-hardness reduction for PushPush from [OS99] for the formulas in Eq. (1) and Eq. (2) (including the shaded portion). Right: Solution path for Eq. (2). [Based on Figs. 6 and 7 in [OS99].]

computer game, *PushPush*.[1] The key difference in this game is in characteristic (7): when a block is pushed, it necessarily slides (as without friction) the maximal extent of the available empty space in the direction in which it was shoved. It was established in [OS99] that the problem is intractable in 3D, but its status in 2D was left open in that paper. Here we settle the issue by extending the reduction to 2D.

Continuing the theme of weakening the robot's capabilities, we also study a version we call *Push-1*, with the same characteristics as PushPush except that the one pushed block moves the minimal amount, just one square at a time.

Although our original proof for the hardness of PushPush [DDO00] very much relied on maximal sliding, the proof we offer in this paper establishes both games NP-hard via the exact same construction. We arrange so little freedom that maximal and minimal sliding become the same. We start in Section 2 with the 3D PushPush construction from [OS99], whose overall structure is followed in the new proof, described in Section 3. A summary of related results is presented in the final section.

2 PushPush in 3D

We first review the hardness proof from [OS99], which forms a skeleton for our proofs. Observe that any 2×2 cluster of movable blocks is forever frozen to a PushPush or Push-1 robot, for there is no way to chip away at this unit. This makes it easy to construct "corridors" surrounded by fixed regions to guide the robot's activities. To describe the PushPush 3D construction, we use an orthogonal graph, whose edges represent the corridors, understood to be surrounded by sufficiently

[1] The earliest reference we can find to the game is a version written for the Macintosh by Alan Rogers and C.M. Mead III, Copyright 1994, `http://www.kidsdomain.com/down/mac/pushpush.html`. Another version for the Amiga was written by Luigi Recanatese in 1997, `http://de.aminet.net/aminet/dirs/game_think.html`. See also `http://daisy.uwaterloo.ca/~eddemain/pushingblocks/` for our implementation.

many 2×2 clusters to render any movement outside the graph impossible. The few movable blocks are represented by circles.

2.1 3D SAT Reduction

The reduction is from SAT, i.e., satisfiability of formulas in conjunctive normal form. The basic idea is to have variable "gadgets" or "units" that force the robot to make a choice between two paths (setting the variable x_i to T or F). Each variable gadget connects to the relevant clause gadgets. The variable units are arranged in a linked chain that must be visited in order, after which the clause units must visited one after the other. The clause units are impassable unless they were earlier visited from a variable unit. The only paths from s to t force the robot to traverse all variables and then all clauses; so all clauses must be satisfied.

The complete construction for four clauses $C_1 \wedge C_2 \wedge C_3 \wedge C_4$ is shown in Fig. 1, left. Two versions of the clauses are shown in the figure: an unsatisfiable formula (the dark lines), and a satisfiable formula (including the shaded x_2 wire):

$$(x_1 \vee x_2) \wedge (x_1 \vee \sim x_2) \wedge (\sim x_1 \vee x_3) \wedge (\sim x_1 \vee \sim x_3) \quad (1)$$

$$(x_1 \vee x_2) \wedge (x_1 \vee \sim x_2) \wedge (\sim x_1 \vee x_2 \vee x_3) \wedge (\sim x_1 \vee \sim x_3) \quad (2)$$

Here we are using $\sim x$ to represent the negation of the variable x. A path from s to t in the satisfiable version is illustrated in Fig. 1, right.

Fig. 1 identifies the essential components of the construction, whose functionality will be duplicated under the more demanding Push-1 conditions:

1. *Variable* units, where passage of the robot sets T or F.
2. *Fork* gadgets, which force upon the robot the variable-setting binary choice.
3. *One-Way* gadgets, which permit passage in one direction but not the other.
4. *Clause* units, which may only be traversed if one of its incident literals is T.
5. *Lock & Key* mechanisms, which prevent passage unless a key block has been pushed.
6. *Crossover* units, which allow two "wires" to cross without the possibility of leakage from one to the other.

By far the greatest challenge is to construct 2D crossovers.

3 Push-1 in 2D

We concentrate on Push-1, and argue at the end our construction also works for PushPush. The complexity of the constructions demand that we abandon the orthogonal graph representation, and instead show all the blocks. Fixed blocks (that is, effectively fixed blocks) are shaded more darkly than movable ones; the robot is depicted as a small disk.

3.1 One-Way Gadget

The simple *One-Way* gadget is shown in Fig. 2. It only permits passage in the "forward" a-to-b direction. Note that after passage, it becomes a two-way corridor.

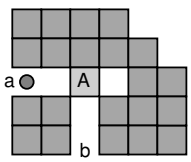

Figure 2: Passage from b to a is prevented by block A.

3.2 Fork Gadget

The *Fork* gadget, shown in Fig. 3, is the same mechanism as employed in Fig. 1.

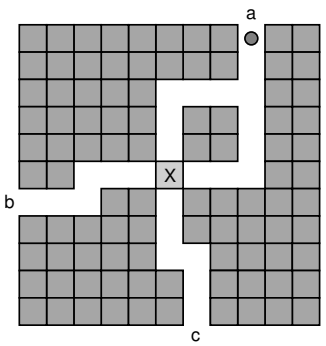

Figure 3: Fork gadget. Block X is initially at point x.

Lemma 1 *A Fork gadget with central block X in position x, permits passage from a to b, or from a to c, but once b is reached from a, c is inaccessible via x; and symmetrically, b is inaccessible via x once c is reached from a.*

Proof: To reach b from a, block X must be pushed down into the corridor heading toward c. Then from b it is no longer possible to traverse that corridor from point x toward c. (Of course it might be possible to reach c via some other route.) □

3.3 Variable Unit

We can now easily construct a variable unit from the previous two components, following the design in Fig. 1:

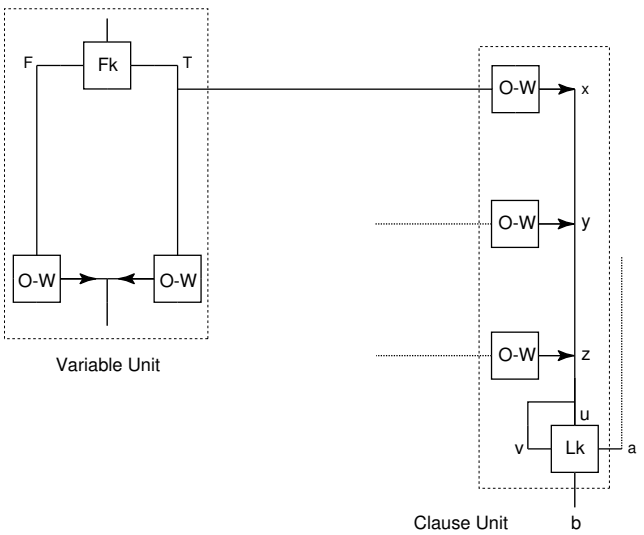

Figure 4: The connections between a variable unit (left) and a clause unit (right). Notation: O-W = One-Way; Fk = Fork; Lk = Lock.

a Fork upon entrance, and a One-Way unit in the T and in the F paths upon exit from the unit (see Fig. 4(left)). This permits free passage back and forth in the selected T/F half, but prevents leakage into the negated half by Lemma 1.

3.4 No-Reverse Gadget

Say a gadget with distinct entrance points is *traversed* if the robot enters at one point and exits at another. Notice that the One-Way gadget is "destroyed" by (forward) traversal, in that subsequently it may be traversed in either direction. We will later (Section 3.7) need a *No-Reverse* gadget, shown in Fig. 5.

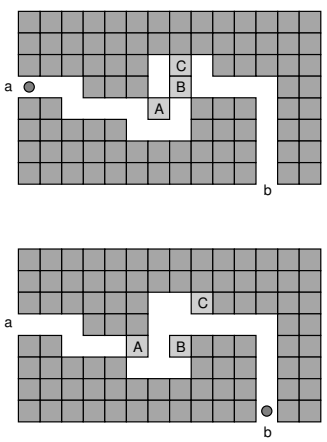

Figure 5: A No-Reverse gadget before (above) and after (below) traversal.

Lemma 2 *The No-Reverse gadget may be traversed forward from a to b, but after forward traversal, it may not be next traversed in reverse from b to a.*

Proof: Block A must be moved leftward to leave room for B to be moved down. The moved position of A then blocks access to a from inside the gadget, preventing reversal. (Note, however, that two forward traversals render it an open corridor.) □

3.5 The Lock

The lock and key mechanism for PushPush used in Fig. 1 is straightforward, with key blocks preventing the full slide of a necessarily pushed block. Our Push-1 *Lock* gadget, shown in its initial configuration in Fig. 6, is more intricate. It has four access points, labeled a, b, u, and v. Passage from a to b is blocked by a locked "door" composed of blocks $A, \ldots, K$. The "key" block L can be accessed via u and pushed to *unlock* the door, then permitting a-to-b passage.

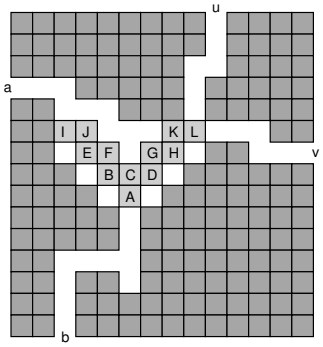

Figure 6: Initial configuration of Locked Door.

Lemma 3 *A Lock has the following properties:*

1. *Upon first encounter, it cannot be traversed from any of $\{a, b, v\}$; only passage from u to v is possible.*
2. *After entrance from u, only v can be reached. This remains true even if re-entered from u later.*
3. *After entrance from u, the state of the gadget may be altered (unlocked) to permit later passage from a to b.*
4. *After such later a-to-b traversal, all of $\{a, b, u\}$ are open to each other through the gadget.*

Proof: That traversal is blocked from three of the entrance points is clear by inspection of Fig. 6. The door is unlocked by entrance from u and pushing L down. Note that from here K can be pushed left (and H can be pushed down, etc.), but neither a nor b is accessible.

After unlocking from u and entrance from a, a series of movements can be made that eventually give the robot access to A from above. Start with four moves: push K right, H down, G right, D down. The configuration here is shown in Fig. 7. Now the "wall" to the

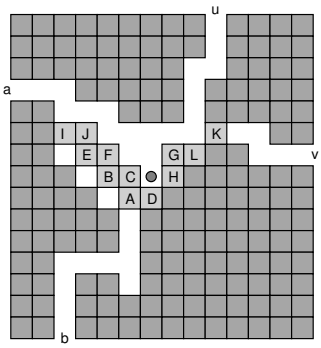

Figure 7: After unlocking, partially traversed.

left can be methodically moved by pushing I down, J left, E down, F left, B down, and C left (or right). Now A can be pushed down the vertical corridor, reaching a state (Fig. 8) where $\{a, b, u\}$ are mutually accessible,

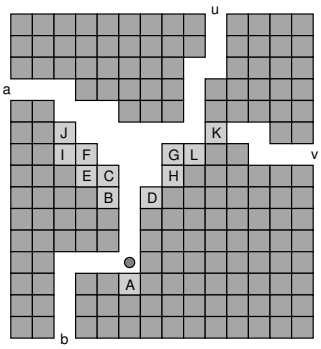

Figure 8: After complete traversal.

but v is cut off, as claimed in the lemma. □

3.6 Clause Unit

The clause unit in Fig. 1 employed one key block per literal, which made for a simple construction. Using the Lock as just described requires all literals to access the same unlocking point u, in essence sharing the same key for the lock. A naive joining of the literal lines at u would permit leakage between them. Insulation can be achieved by One-Way gadgets placed as shown in the schematic in Fig. 4(right).

Lemma 4 *A Clause unit may be traversed from a to b only if it has been visited at least once from an incident literal. Such visits do not permit leakage between variable units; nor do they give access through the Lock to points a or b.*

Proof: From the variable unit in Fig. 4, the robot can reach point x, unlock the lock via entrance u, returning out exit v and back up to x. Leakage is not possible to the other wires from variables (y and z) because of the One-Way units guarding them. Once the lock is opened by one of the literals with access to unlocking point u, it may be later traversed from a to b by Lemma 3(3). Claim (2) of that lemma shows that there is nothing to be gained in accessing the lock via point u several times: access to a or b remains impossible.

Note that leakage is possible from one literal to another literal (e.g., from z to x), if that first literal's One-Way had been previously traversed. But this only permits leakage to a spot the robot has been before, which is unproblematic. □

We now have assembled enough parts to claim that Push-1 is NP-hard in 3D, for we have designed substitutes for all components in Fig. 1. It remains to construct a crossover.

3.7 Crossovers

In 3D, a general crossover without leakage is trivial, permitting passage in either direction an arbitrary number of times. Unfortunately it seems impossible to construct such a powerful gadget for both Push1 and PushPush in 2D. For our original 2D PushPush proof [DDO00], we designed a bidirectional crossover that could be traversed once in each of the four directions, but was partially "destroyed" by each traversal, so that subsequent crossings are not possible. This suffices for the proof, as there is never any need to visit a Clause unit twice from the same Variable unit. However, we were unable to mimic the functionality of our complex "double lock gadget" from [DDO00] for a Push-1 robot. Instead, we found it necessary to further exploit properties of the Variable-Clause visits, and in particular, to exploit a natural sorting of the visits. Let the Variable units be labeled $x_1, \ldots, x_n$ (as in Fig. 1); the linking of these units then ensures x_i is traversed prior to x_j for $i < j$. Our construction will arrange the wires so that the vertical (n-s) wire at a crossover will always be traversed prior to the horizontal (w-e) wire. We describe the crossover construction in three stages:

1. XOR Crossover
2. Limited Unidirectional Crossover
3. Limited Bidirectional Crossover

3.7.1 XOR Crossover

The *XOR Crossover* is used in two places. First, horizontal wires from the F-side of a particular Variable unit cross the vertical T-wire of that unit (cf. Fig. 1). The Variable unit construction ensures that passage

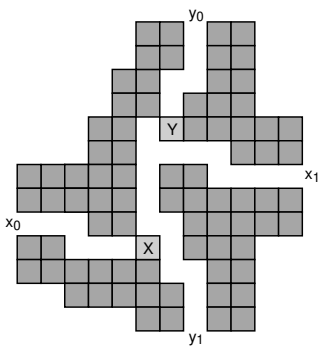

Figure 9: XOR Crossover.

through the crossover will be either via the vertical wire, or the horizontal, but never both; so an "exclusive-or" crossover suffices here. Second, an XOR Crossover will be embedded inside the more complex Limited Unidirectional Crossover described in Section 3.7.2. The XOR Crossover shown in Fig. 9 has these properties:

Lemma 5 *An XOR Crossover may be traversed from x_0 to x_1 without leakage to y_0 or y_1, or from y_0 to y_1 without leakage to x_0 or x_1.*

Proof: Consider passage from x_0 to x_1. This requires pushing block X rightward, which then seals off y_1. And y_0 is sealed off by block Y. The claim for the other direction follows from the symmetry of the design. □

3.7.2 Limited Unidirectional Crossover

The key component to our crossover design is what we call a *Limited Unidirectional Crossover*, shown in Fig. 10. It is limited in that it relies on the vertical being traversed prior to the horizontal (if both are), and unidirectional in that passage is only permitted in one direction along the wires. Section 3.8 will extend to bidirectionality.

The four entrance/exit points are labeled n, s, e, w. Entrances from w and n feed into an XOR crossover. The e entrance is protected from entrance by a One-Way gadget, but such protection is superfluous for the s entrance. The remainder of the design consists of two (differently oriented) Locks (L1 and L2), and two No-Reverse gadgets (NR1 and NR2). Its essential behavior is captured by this lemma:

Lemma 6 *A Limited Unidirectional Crossover, in its initial state, may not be entered from e or from s. It may be traversed:*

1. *w-to-e without leakage to n or s; or*
2. *n-to-s without leakage to w or e; or*
3. *n-to-s followed later by w-to-e passage.*

Proof: Initial entrance from e is stopped by block W_3 in a One-Way gadget, and entrance from s is stopped by block L_2 of lock L2. We now detail the three possible traversals.

1. w-to-e. If passage is through the XOR, then the only possible leakage is to s via L2. But L2 is locked and cannot be traversed in that direction, b_2 to v_2, by Lemma 3(1).

2. n-to-s. Passage from n through the XOR necessarily unlocks L1. From point v_1, there are two options: to c_1, through NR1, and entrance a_2 of L2. But further progress along this route is not possible, and in fact the robot is now stuck because of the No-Reverse unit. The second option, to c_2, through NR2, brings the robot to u_2, the unlocking entrance to L2. After unlocking L2, the robot reaches s. At no point is it possible to access e or w, because Lemma 3(1) guarantees that only the u_2 to v_2 passage through L2 is possible.

3. n-to-s then w-to-e. After n-to-s passage, both L1 and L2 are unlocked, as we just noted. Consider now an attempt at a w-to-e passage. The XOR is blocked (by Y) from the earlier n-to-s traversal. But the robot can instead go through L1 from a_1 to b_1, and then via c_1 to L2, passing through it from a_2 to b_2.

□

3.8 Limited Bidirectional Crossover

We achieve bidirectionality by placing four Limited Unidirectional Crossovers together in the pattern shown in Fig. 11 to form one *Limited Bidirectional Crossover*. The two wires crossing are labeled 1 and 2, with wire 1 from Variable unit x_i and 2 from Variable unit x_j with $i < j$. Thus the 1-wire will always be traversed first, and the crossover exploits this; it is this sense it which it is limited. Each Limited Unidirectional Crossover is oriented so that its "local" n-to-s is wire 1, and w-to-e wire 2.

Lemma 7 *A Bidirectional Crossover permits passage*

1. *forward and back along wire* 1*; or*
2. *forward and back along wire* 2*; or*
3. *forward and back along wire* 1 *followed by forward and back along wire* 2*,*

all without leakage.

Proof: The claimed properties follow directly from Lemma 6 and the design. Consider top-to-bottom passage along the 1-wire, common to claims (1) and (3). This takes the robot through the left two Limited

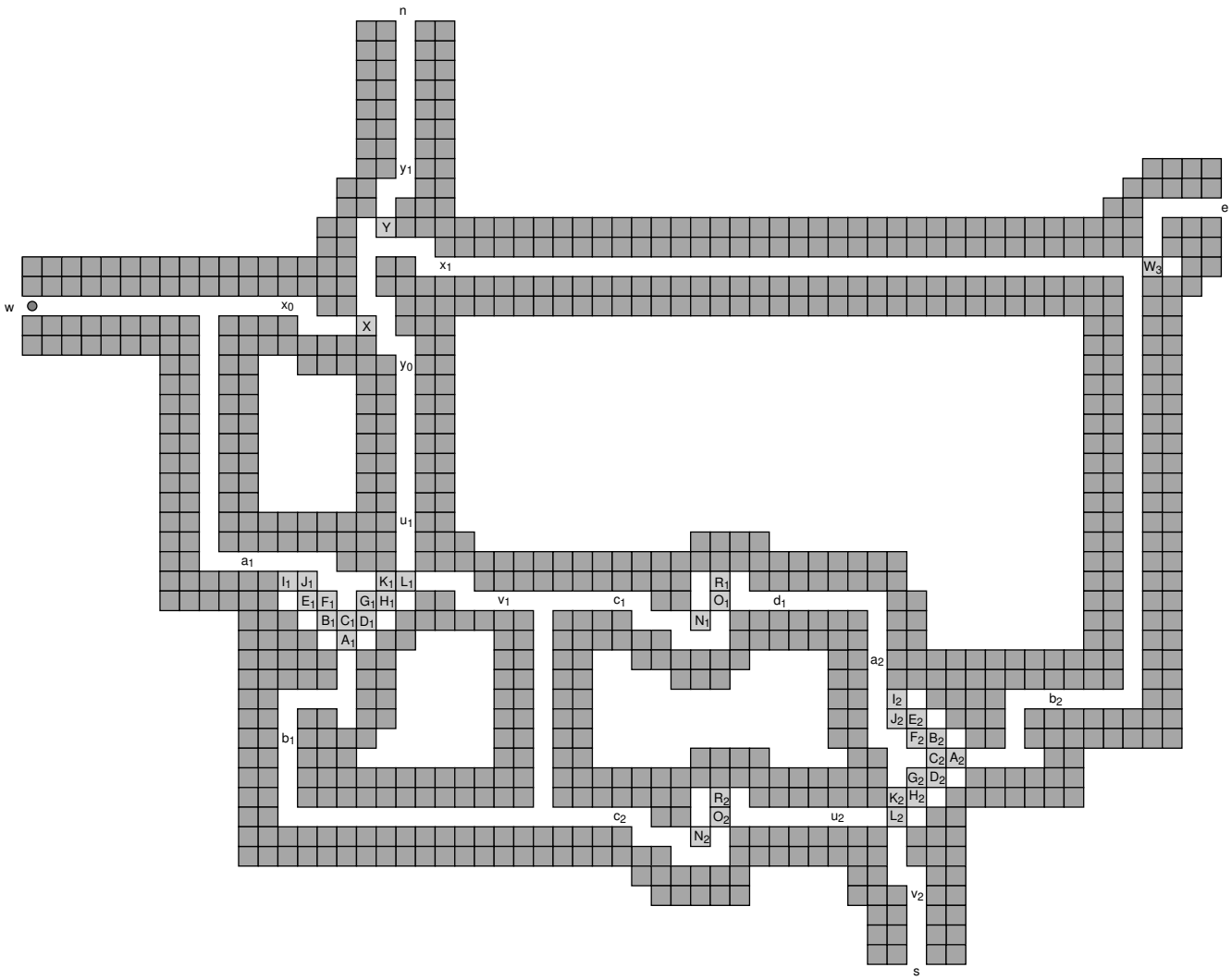

Figure 10: A Limited Unidirectional Crossover. Although all blocks are movable, only the lightly shaded blocks might be moved.

Undirectional Crossovers (LUCs), leaving them, by Lemma 6(3), in a state to permit later passage left-to-right (through the top left LUC) and right-to-left (through the bottom left LUC), both without leakage.

Consider left-to-right passage along the 2-wire without prior traversal of the 1-wire, i.e., claim (2) of the lemma. The robot faces two LUCs: the e-entrance of the lower LUC and the w-entrance of the upper LUC. By Lemma 6, the e-entrance is blocked, so the robot may only pass through the upper LUC. Again leakage is prevented to n or to s through this and the upper-right LUC as well. The lower LUCs are accessible and available for the return trip. □

3.9 Main Theorem

Now the conclusion that Push-1 is NP-hard follows immediately, for we have successfully constructed all the components necessary. The overall design continues to follow Fig. 1, with additional turns in the wires to arrange all crossovers to respect the ordering of the wires crossed. Finally, a review of each constituent of the construction shows that all retain their essential properties even if the robot has PushPush powers. We may conclude:

Theorem 1 *PushPush and Push-1 are both NP-hard in 2D.*

We leave it open whether Theorem 1 can be strengthened in either direction: either by proving either problem is in NP, in which case it is NP-complete, or by showing that either is PSPACE-complete.

Name	1 *Push?*	2 *Blocks*	3 *Fixed?*	4 #	5 *Path?*	6 *Dim*	7 *Sliding*	*Complexity*
	pull	L	fixed	k	path	2D	min	NP-hard [Wil91]
	push	unit	fixed	k	path	2D	min	NP-hard [DO92]
Sokoban	push	unit	movable	1	storage	2D	min	NP-hard [DZ95]
Sokoban	push	unit	movable	1	storage	2D	min	PSPACE [Cul98]
PushPush3D	push	unit	movable	1	path	3D	*max*	NP-hard [OS99]
	push	unit	movable	1	storage	2D	*max*	NP-hard [OS99]
PushPush2D	**push**	**unit**	**movable**	**1**	**path**	**2D**	***max***	**NP-hard**
Push-1	**push**	**unit**	**movable**	**1**	**path**	**2D**	***min***	**NP-hard**
Push-$*$	push	unit	movable	k	path	2D	min	NP-hard [Hof00]
Push-1X	push	unit	movable	1	noncrossing path	2D	min	open

Table 1: Pushing block problems.

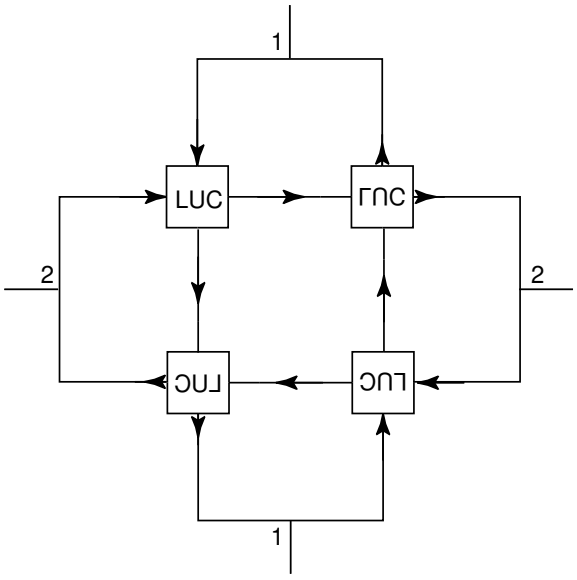

Figure 11: Limited Bidirectional Crossover. LUC = Limited Unidirectional Crossover (Fig. 10), oriented with w left of 'L' and n above 'U'.

4 Summary

We conclude by summarizing in Table 1 previous work according to the classification scheme offered in Section 1, and comparing it to recent work. The first six lines show previous results, including the results from [OS99]. (The 2D storage result is, incidentally, not difficult.) The two boldface lines of the table are the results of this paper.

The penultimate line of the table describes a recent result by Hoffmann [Hof00]: "*Push-*$*$" is NP-hard, where all blocks are movable and the robot can push an arbitrary number of blocks, sliding the minimal amount. This settles an open problem from [DO92].

Finally, the last line of the table suggests a new open problem with the same characteristics as Push-1, but with the added stipulation that the robot never revisit a square it previously occupied. It is easy to see that this new problem, which we dub *Push-*1X, is in NP, which already places it on a different footing than all other problems. Perhaps Push-1X (or some variation thereof) is in P?

Acknowledgments

We thank Therese Biedl for helpful discussions. The third author acknowledges many insights from meetings of the Smith Problem Solving Group.

References

[BOS94] D. Bremner, J. O'Rourke, and T. Shermer. Motion planning amidst movable square blocks is PSPACE complete. Draft, June, 1994.

[Cul98] J. Culberson. Sokoban is PSPACE-complete. In *Proc. Internat. Conf. Fun with Algorithms*, pages 65–76, Elba, Italy, June 1998. Carleton Scientific.

[DDO00] E. D. Demaine, M. L. Demaine, and J. O'Rourke. PushPush is NP-hard in 2D. Technical Report 066, Smith College, Northampton, MA, January 2000. Paper cs.CG/0001019, arXiv.org e-print archive, `http://arXiv.org/abs/cs.CG/0001019`.

[DO92] A. Dhagat and J. O'Rourke. Motion planning amidst movable square blocks. In *Proc.*

4th Canad. Conf. Comput. Geom., pages 188–191, 1992.

[DZ95] D. Dor and U. Zwick. SOKOBAN and other motion planning problems. *Comput. Geom. Theory Appl.*, 13(4):215–228, 1999.

[Hof00] M. Hoffmann. Push-$*$ is NP-hard. *Proc. 12th Canad. Conf. Comput. Geom.* (this proceedings), Fredericton, New Brunswick, Canada, August 2000.

[OS99] J. O'Rourke and the Smith Problem Solving Group. PushPush is NP-hard in 3D. Technical Report 064, Smith College, Northampton, MA, November 1999. Paper cs.CG/9911013, arXiv.org e-print archive, `http://arXiv.org/abs/cs.CG/9911013`.

[Wil91] G. Wilfong. Motion planning in the presence of movable obstacles. *Ann. Math. Artif. Intell.*, 3:131–150, 1991.